

**2012 McIntosh Lady Chiefs
Varsity and JV Tryout Overview**

28 varsity tryouts
23 jv tryouts
2 groups for tryouts
18 varsity positions
15-18 jv positions

Friday Jan 20- voluntary timed measurements

40 yard dash
agility runs right and left
7 lap run--varsity 14 minutes except keepers, jv 15 minutes except keepers
dot drill
Players who do not come this day will make up these measurements next week.

Monday, Jan 23rd

40 yd dash with ball
1v1's
4v4's
11 v. 11's if time

Tuesday

1v1's
4v4's
11v11's

Wednesday

11v11's

Thursday

11 v 11's

During the tryout week, when it becomes obvious that a player who is competing in the varsity group needs to go to the jv group, she will be moved to the jv group.

After Monday and Tuesday's tryouts, if a jv tryout is not competitive at the level required for jv, initial cuts may be made.

Players will be called Thursday evening to inform them whether they are on varsity, jv, or cut.

Players will be ranked according to scores on Friday's measurement and 1v1's, with 1v1's accounting for 50% of the ranking and the other scores comprising the remaining 50%.

During 4 v 4's we will be looking individual players' ball handling skills, ability to keep possession, movement off the ball, communication, and composure.

During 11 v 11's we will be looking at the above qualities but also tallying each player's positive impact on the game. + marks will be given for things like, completing a pass to a teammate and supporting the play, winning a tackle, scoring a goal or making an assist, making a good defensive clearance, playing a great through ball, winning a header, ect.

Players also be ranked with a separate ordinal to reflect their standings from 4 v 4 and 11 v 11 observation. Team decisions will be based on a combination of these two sets of rankings